

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag	
New York	London	New York	London	New York	London	New York	London	New York	London	New York	London
				06.30 - 07.30 PILATES Arlette							
09.00 - 10.00 PILATES Arlette		08.30 - 09.30 PILATES Arlette		08.45 - 10.15 BALLETT für Erwachsene (Beginners) Mirjam Rohrbach		08.30 - 09.15 TRX Meera ab 01.03.2023		08.30 - 09.30 PILATES Lisa	08.00 - 09.30 POWER PILATES Meera	08.30 - 09.30 RÜCKENFIT Lisa	
10.15 - 11.15 PILATES LIGHT Arlette		09.45 - 11.15 BALLETT für Erwachsene (M/F) Mirjam Rohrbach	10.00 - 11.00 PILATES LIGHT + Meera	10.15 - 11.15 SIM YOGA Simone Haenssler		10.00 - 11.00 PILATES LIGHT Arlette		10.15 - 11.15 PILATES LIGHT Lisa		09.45 - 10.45 ZUMBA® KIDS Lisa	
									11.00 - 12.00 FELDEN-KRAIS Andrea	11.00 - 12.00 ZUMBA® Lisa	
			12.15 - 13.15 HATHA YOGA Claudia R	11.45 - 12.45 SIM YOGA LIGHT Simone Haenssler					12.15 - 13.15 HATHA YOGA Claudia R		

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag	
				12.55 - 14.25 BALLETT Grad 4 Mirjam Rohrbach				13.30 - 14.30 BALLETT Grad 4 Mirjam Rohrbach	14.15 - 15.15 JOE'S DRAMA 4 - 6 years Joe Quinn		
14.30 - 15.30 BALLETT Pre Primary Mirjam Rohrbach				14.25 - 15.55 BALLETT Grad 5 Mirjam Rohrbach		14.30 - 15.30 BALLETT Pre Primary Mirjam Rohrbach		14.30 - 15.30 BALLETT Grad 1 Mirjam Rohrbach	15.30 - 16.30 JOE'S DRAMA 6 - 8 years Joe Quinn		
15.40 - 16.40 BALLETT Grad 1 Mirjam Rohrbach		16.30 - 18.00 JOE'S DRAMA 8 - 12 years Joe Quinn		15.55 - 17.10 BALLETT Grad 2 Mirjam Rohrbach		15.45 - 17.00 BALLETT Grad 3 Mirjam Rohrbach		16.00 - 17.30 BALLETT Grad 4 Mirjam Rohrbach			
17.15 - 18.15 JAZZDANCE Ab 10 Jahren Claudia Wachs	17.30 - 18.30 POWER PILATES Meera			17.10 - 18.40 BALLETT Grad 6 Mirjam Rohrbach	18.00 - 19.15 YOGAFIORE Emanuel	17.00 - 18.30 BALLETT Grad 4 Mirjam Rohrbach		17.30 - 19.00 BALLETT Grad 5&6 Mirjam Rohrbach	17.30 - 18.30 FUN TONE Lisa		
18.30 - 19.25 PILATES Lisa / Arlette		18.45 - 19.45 SIM YOGA Simone Haenssler		18.45 - 19.45 PILATES Arlette		18.30 - 20.00 BALLETT Grad 7&8 Mirjam Rohrbach		19.00 - 20.30 BALLETT Grad 7&8 Mirjam Rohrbach			
19.35 - 20.30 PILATES Lisa / Arlette	18.45 - 20.00 YOGAFIORE Emanuel			20.00 - 21.00 PILATES Arlette		20.00 - 21.30 BALLETT ADVANCED Mirjam Rohrbach					
20.45 - 21.45 JAZZDANCE FOR ADULTS Lisa											